

Tilde's 15 minute Challenge

I want to know how long it takes from the time you open an Inklingo Shape Collection until you are ready to sew your first two LeMoyne Star blocks.

To get a fair appraisal, it'll be a bit like Jamie Oliver's "30 Minute Meals" book, where the time starts when you have everything lined up and ready to roll.

Before you take the challenge, this is what you need:

- the ability to read this page and get organized
- the ability to read and follow one page of instructions (next page)
- an Internet connection
- Adobe Reader
- an Inkjet printer that works properly
- the free Inklingo Shape Collection for Diamonds/Triangles/Squares

If you don't already have the free Shape Collection, go to inklingo.com to order it ([Shop > Getting Started](#)). It is just like placing any other order except that you won't be required to enter a payment, just your email address and a password. Your email address is never sold or shared. Follow the [instructions under the Support tab](#) to download the shape collection onto your hard drive (right click, Save Target As).

Printer Check

Let's make sure your printer is working and find out how to put the freezer paper in the printer so it will print on the fabric, not the freezer paper. You need the next page anyway, so print it.

- Mark an x on the next piece of paper in your printer.
- Print the next page.

Notice whether the page prints on the side with the x or the other side, and make a note whether to put the FP/fabric in the printer with the fabric side up or down.

Tape a note on your printer, if necessary.

Get ready to roll!

- ***a sheet of freezer paper (FP)*** Letter (8.5 x 11)
When fabric is ironed to FP, it feeds through the printer just like paper, and then the FP peels off neatly to be used again. Write something on the paper side, so you don't mistakenly put the iron down on the plastic side. (It won't hurt the iron but it will ruin the freezer paper.)
- ***scraps of two contrasting fabrics*** at least 8.5 x 11 inches, washed so the FP will stick well.
Ideally, one light, one medium, both fairly light on the wrong side since this is your first try.
- ***iron and ironing surface***
Use cotton or linen setting, no steam. If the surface is very soft, it is difficult to get a good bond so a normal to hard surface is better. If your ironing board is very soft, press on a wooden bread board.
- ***scissors*** Optional: rotary cutter and mat

Ready, Set. . .

- Read the next page before you start the timer.
- Turn your iron to Cotton or Linen, no steam.

Remember, the challenge is intended to tell us how long it takes from opening a Shape Collection until you are ready to stitch, not how quickly or how slowly you read. :-)

For the steps on the next page, don't think.

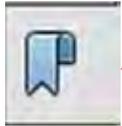
Please.

Read and then do.

I've been printing on fabric with Inklingo since the first Shape Collection in 2006, and I know it works. There is much more information available, but for now, *just do it*.

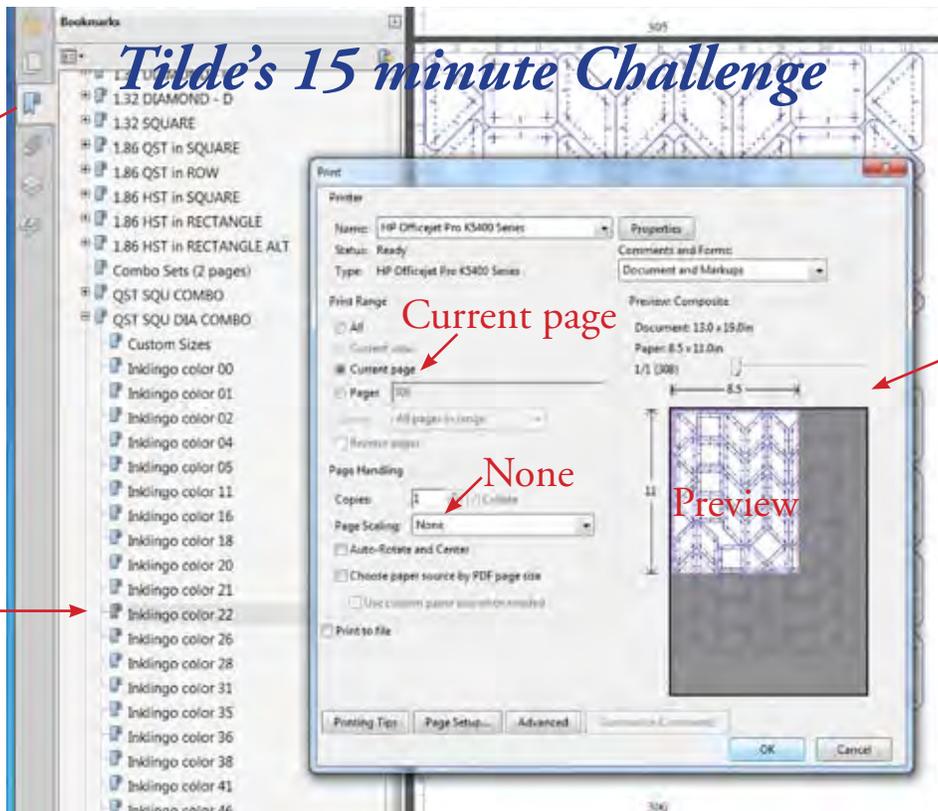
When you see those lovely precise shapes printed on the fabric, you will wonder why you waited so long.

Tilde's 15 minute Challenge



Step 9

Step 12



1. Start your timer.
2. Place one fabric on the ironing surface right side up.
3. Position a sheet of FP on the fabric, plastic side down. Press with a HOT dry iron.
4. Trim around the edges of the FP so the fabric is the same size as the FP with no loose threads. *Note:* If you use scissors and pull gently on the fabric with your non-scissors hand, it is easy to trim well and quickly without moving to your cutting mat and back to the iron.
5. Flip it over and press from the other side. Press with the hot iron on the fabric side and the paper side to be sure the bond is firm enough.

Note: It is important to get a good bond between the FP and the fabric. Most jams are caused by the fabric separating from the FP in the printer. That is a nuisance and will add to your time. The FP should be firmly attached but still peel off neatly to be used again.
6. Open Adobe Reader.

Adobe Reader 8 or newer: If this is your first time opening Inkingo, go to Edit > Preferences > JavaScript and un-check "Enable global security policy." Click OK.
7. Open the free Inkingo Shape Collection.
8. Enter your email address and password. Click Login.
9. Click on the icon to open the Bookmarks. It is the blue ribbon on the left side of Adobe Reader window (above).
10. In the Bookmarks, click on the + sign beside Catalogue of Shapes to open the submenu which lists all of the pages of shapes to print on fabric.
11. Click on the + sign beside QST SQU DIA COMBO to see the list of Inkingo colors underneath.
12. Click on Inkingo Color 22 to go to that page (above). For this challenge, we will print part of that page to get

- triangles (QST), squares (SQU), and diamonds (DIA) in a medium gray/purple color.

Note: The other 19 colors are lighter or darker. Normally, there is a test to choose a color that shows well and washes out, but not for this challenge.
13. File > Print to bring up the Print Dialog box.
14. Change the settings in the Print Dialog box (above). Page Scaling None ensures the shapes are printed actual size. Preview shows the part of the large page that will print on Letter size (8.5 x 11 inch).
15. Put the FP/fabric in the printer so it will print *on the fabric* (Printer Check, previous page) and click OK to print.
16. Peel the fabric from the FP and iron the FP to the second fabric (steps 2 to 5) and print it (steps 13 to 15).

Note: You can choose another color, if you like.
17. Peel off the freezer paper and set it aside to use again.
18. Cut the shapes apart. You can use a rotary cutter or scissors. From each fabric, you need 8 diamonds, 4 squares, and 4 triangles. Don't they look perfect?

Note: You will see that there are extra diamonds on the side and bottom edges, and some incomplete. Next time you print this Combo layout, you can save fabric by cutting the FP smaller and use a Custom Page Size. There are [step by step instructions](#) for printing your first Custom Size under the Support tab on [inkingo.com](#). It is simple and Inkingo uses fabric very efficiently when you print Custom Page Sizes.
19. Sort the pieces into two sets with 8 diamonds from one fabric to go with the squares and triangles of the other.
20. You're ready to sew. Stop the timer!

That's it! Leave a comment on the blog or send an email to the [Inkingo Yahoo group](#) to let us know how long it took.